

### VENUE AND DURATION OF COURSE:

John Ruskin College, Selsdon Park Road, South Croydon, CR2 8JJ, 1 year full-time.

### ENTRY REQUIREMENTS:

4 GCSEs grade 9-2 (A\*-E) that include English & Maths.

You should have a keen interest in beauty with good communication and interpersonal skills.

Must be willing to follow uniform guidelines (including no body, facial or tongue piercings - to comply with industry standards) and comply with college attendance and punctuality standards.

Candidates will need to be able to practice at home and provide clients for assessment..

### WHAT QUALIFICATIONS WILL I GET?

- Functional Skills at Level 1 – Maths and English
- Diploma in Hair and Beauty skills

### COURSE DESCRIPTION:

The Level 1 Diploma in Hair and Beauty skills is a qualification that has been specifically designed to develop your practical skills through the following units:

- Improve the appearance of the hands with basic manicure and nail art services.
- Provide relaxing head massage treatments.
- Cleanse, tone, moisturise, and give advice on skin care.
- Shampoo, condition and blow drying services.
- Plaiting and Winding services.
- You will be expected to participate in relevant work experience.

### UNITS/TOPICS COVERED:

- Follow health and safety in the salon
- Customer Service Skills
- Promote Products and Services
- Design a retail display area in the salon
- Create a hair and beauty image using colour
- Hand and nail care
- Nail art
- Blow dry hair
- Shampoo and condition hair
- Winding skills
- Plaiting hair
- Skin care
- The Hair and Beauty Sector

### TYPE OF ASSESSMENT:

A portfolio of practical work and assignments.

**EQUIPMENT NEEDED:**

- John Ruskin College uniform is required - approximately £20.00
- A specific kit of equipment is required - approximately £120.00

**WHERE CAN IT LEAD?**

Progression to Level 2 courses in Beauty Therapy, Hairdressing or Hair and Media Make-up.  
Job opportunities: Junior Beauty or Hair Consultant.

**COURSE FEE:**

If you are under 19 on 31/08/2025, tuition is free. If you are 19 or over, please consult Client Services for advice and guidance on funding and eligibility.

Please be aware that there may be additional costs for equipment and educational visits. This information will be available from the curriculum staff at interview.

**WHAT TO DO NEXT:**

If you have any outstanding queries, please contact our Client Services team on 020 8651 1131 or at [clientservices@johnruskin.ac.uk](mailto:clientservices@johnruskin.ac.uk).

To apply online for this course please visit [www.johnruskin.ac.uk](http://www.johnruskin.ac.uk).

**Disclaimer:**

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

Should you require this leaflet in a different format please contact Client Services on 020 8651 1131.